



Duke of Edinburgh Silver Equipment List

- Tick each item as you pack it

Individual Equipment:

- Backpack (65-75 litre capacity)
- Pack liner or waterproof bags
- Sleeping Bag
- Bed Roll (must have a waterproof covering)

- Waterproof Jacket**
- Over Trousers
- Thermals (2 sets of Polypros: Long Sleeve Top, Polypro Bottom and/or Fleece Pants)
- Tee Shirts (Synthetic, Quick Dry)
- Shorts (Synthetic, Quick Dry)
- Warm Jumper (Wool, Fleece or Synthetic)
- Spare Jumper (Wool or Fleece)
- Woolen Hat or Beanie/Balaclava**
- Warm, Thick Socks
- Underwear
- Gloves
- Jandles
- Tramping Boots
- Gaiters (optional)
- Walking Poles (optional)

- Personal Toiletries (think small!)

- Small 1st Aid Kit (include **Personal Medication**, strapping tape & plasters)

- Small Survival Kit (include survival blanket and fire lighting equipment)

- Map (*Bigfoot will supply*)
- Compass
- Torch & spare batteries**
- Watch

- Drink Bottles or Water Bladder (minimum 2 litres)**

- Tramping Food
- Emergency Rations
- Plate, Mug and Utensils
- Plastic Bags for Rubbish etc

- DoE Sliver Book in 2 resealable plastic bags**

- Camera with Waterproof cover (optional)

Group Equipment:

- Cooker & Fuel
- Cooking Pot / Billy
- Washing up equipment (e.g. film canister of biodegradable detergent & sponge)

- Tent (between 2-4 people)

- Communication Device(s)
- Route Card
- Risk Management Card
- Pencil & Paper
- Small Spade / Trowel

IMPORTANT:

- Your tent groups will be the **same** groups that you will be cooking in.
- Please **do not** bring any electrical items such as ipods, cd players etc. These are likely to get ruined in the environmental conditions. It is not acceptable practice to use these items for the duration of the trip.